Leadership is ...

- ability to lead a group of people to carry a mission successfully within a limited period of time
- ability to delegate / to create mutual trust / coordinate / make people work together / deal with group diversity
- ability to listen actively and to identify and to respond to group and individual needs and abilities/potential / make oneself available
- creating empowerment opportunities for other group members to learn leadership skills
- (can be a distributed ability)
- leadership position (i.e. boss) vs natural leadership attitude/beahviour
- problem-solving and counselling ability
- being responsible for others and for project's tasks
- being a model / able to represent others
- having an identity
- being able to adapt attitudes according to different contexts / partners

Teamwork is ...

- awareness of one own's limits and potential
- understanding different ways of thinking
- ability to listen to ther's point of view and to explain one's point of view taking into account different backgrounds
- ability to share and to change one's point of view
- ability to coordinate and to value each group member
- ability to become friends / develop relations beyond the work environment
- ability to share / communicate results across different disciplines
- ability to tap from / work with different communication means in different face to face and online environments
- make the others aware of what you are doing and to link this awareness to suggested changes

Previous experiences

- As Students representative one needs to have the above mentioned qualities
- Through such representation experience one has the opportunity to develop such abilities
- Mutual trust is crucial to such development
- To organise joint activities and to design and to run creative/advertising activities adds a stimulating challenge (implying ability to delegate/allow turn over)
- being the director of a students magazine, including respecting deadlines, managing tasks such as writing, editing, printing; and develop relations with senior staff
- Yet another way to learn leadership skills: political activity: for instance: promoting a sustainability youth movement; run political activities that imply listening to and understanding members' desires
- being promoted to management position / relate to senior management and learn about their expectations.
- Represent students with Entrepreneurs representatives and focus on reciprocal reputation while improving relations
- Sport captain: organise, orient and communicate best position, identify challenges and ways to respond; mediate among team mates

Job related features

- As academic professor you have to create a relationship with students but also to keep repspect for your position
- In any job you need leadership skills
- Cross cultural contexts and international projects require extra leadership abilities
- Leading a research group it is crucial to be able to choose which way to go
- Understand who has actually leadership skills beyond our own individual aspirations
- In Physics and Science in general it is crucial to be able to disseminate / communicate results as spoke person (as in CERN)